

Call for **VOLUNTEERS!**

Qualifications include:

A "Can Do" Attitude

Helping Hands



Giving Heart

Can Do shirt
(Yes, we will gift you one)

Comfy Shoes

The CanDo5K is produced by My Village Northwest*.

Our vision for this event is to create an experience in our community where everyone is embraced for their bravery in overcoming obstacles and challenges.

**WITH YOUR HELP,
WE CAN DO IT!**

*Formerly known as Northwest Special Families.



MY VILLAGE
NORTHWEST

INCLUSION • ENGAGEMENT • COMMUNITY

SIGN UP AT: WWW.CANDO5K.ORG
QUESTIONS? EMAIL volunteer@cando5k.org